Math 183 Statistical Methods

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Today: Chapter 5 (continued)

- Find the power of a test given the description of the setting
- Find the sample size needed to achieve a certain power level and confidence level
- Power calculation examples

How Big Should My Sample(s) Be?

There is no easy answer to this question because you must balance many different (and competing) factors:

- Cost of larger sample (money, time)
- Risk to participants (new drug, dangerous procedure)
- Need to get sampling distribution look a certain way
- Downside of missing a real effect

Notice, as n gets large, the sampling distribution approaches its theoretical shape, but costs and dangers might skyrocket.

The first two are context-dependent.

We focus on the last using power analysis.

Power

Recall that power is

$$1 - \beta = P(\text{rejecting } H_0 | H_0 \text{ is false}).$$

Since hypothesis testing revolves around assuming H_0 is true, the power is not immediately apparent in what we've done before.

Importantly, what we often care about is the power of a test: If there really is something interesting going on, how likely am I to find it (to end up with H_A instead of H_0)?

Sample size is tied to power, and power is tied to the ability to uncover a true effect. Missing a true effect could be annoying...! Your friend claims that UCSD students send, on average, 37 text messages a day. You think it is lower and decide to run a hypothesis test.

Let μ be the average text messages sent, per day, by UCSD students.

*H*₀: $\mu = 37$ *H_A*: $\mu < 37$

Assuming H_0 , we get a sampling distribution centered at 37, with some SE (here, just assume 5).

Remark: The distribution is a T-distribution which we assume is normal for ease of future calculations.

In this course, always use a Normal Curve when doing power calculations.



Assume for a moment that μ is truly 31. When we draw a sample, it really comes from the red curve, and we explore it relative to the blue curve. When we draw a sample, it lands somewhere on this distribution. If it is in the bottom 5% of means, the *p*-value will be less than 0.05, and we reject H_0 (if $\alpha = 0.05$).



What area in the picture is the power $1-\beta = P(\text{reject } H_0 | \text{ true effect})?$

Visualizing Power



The power is the area under the truth curve that falls into the rejection zone(s) based on the H_0 curve. Our sample comes from the truth of the universe, but we decide how to interpret it based on assuming H_0 .

You choose your sample size based on the power you want from your test. You decide on your power based on how horrible it would be to overlook a true effect. Common power levels $1 - \beta$: between 0.8 and 0.9.

Remark: Here, we assumed we knew the true value, which is never the case!

Are You Happy?

You are running a hypothesis test to see if Math 183 students are happier than average Americans. You learn the average Happiness Index of Americans is 31 with a standard deviation of 12. You draw a sample of size n = 40. If the true Happiness Index of Math 183 students is 35, how powerful is your test?

1) Set up the parameter and the hypotheses Let μ be the average Happiness Index of Math 183 students. Set

 $H_0 \ \mu = 31 \text{ and } H_A; \ \mu > 31.$

Draw the two sampling distributions (based on H_0 and Truth of Universe).

Find the SE and the zone(s) where H_0 is rejected and not rejected (relative to the H_0 sampling distribution) by finding the "rejection fence".



With
$$\sigma = 12$$
 and $n = 12$,
 $SE = \frac{12}{\sqrt{40}} \simeq 1.897$.

With $\alpha = 0.05$ and a one-sided alternative, we get *p*-values less than α when the sample mean is in the top 5% strangest means.

3) Shade the area under the Truth of Universe sampling distribution that lies in the rejection zone(s). This area is the power.

1 > pnorm(34.12, mean = 35, sd = 1.897, lower.tail = F)[1] 0.6786368

With a sample size of 40, we would uncover the true effect only 68% of the time. 32% of the time, the universe will give us a sample mean that makes us keep believe in H_0 !

Question: How do we do if no-one tells us the Truth of Universe?

Two-Sided Alternatives, Hidden Truth

As a statistician in a pharmaceutical company, you must decide if a new drug works or not. You divide 200 subjects into equal treatment and control groups, and measure the weight changes in each group.

1) Define parameters and hypotheses

Let μ_T be the average weight change among all people who could ever take the drug.

Let μ_C be the weight change among people who don't take the drug.

We care about $\mu_T - \mu_C$.

Set

$$H_0: \ \mu_T - \mu_C = 0$$
$$H_A: \ \mu_T - \mu_C \neq 0$$

2) If you are not told the truth of the universe, decide the smallest value of $\mu_T - \mu_C$ you care about and assume this is the truth.

Perhaps a difference of 2 pounds is enough to make us excited about the drug.

Assuming a weight change standard deviation of 12 pounds (a common number in weight change studies), find the power of your test with 200 participants.



Remember: When you explore a different idea, then the sampling distribution has a different SE.



With a two-sided test and $\alpha = 0.05$, we reject H_0 with results in the upper and lower 2.5% strangest results.

Shading under the red curve, we get two areas: one in the far left tail, and a larger area on the right (in this case).

 $\begin{array}{l} 1 > pnorm(3.32, mean = 2, sd = 1.697, lower.tail = F) \\ 2 & [1] & 0.2183307 \\ 3 > pnorm(-3.32, mean = 2, sd = 1.697, lower.tail = T) \\ 4 & [1] & 0.0008594345 \end{array}$

The power of our test, for a *Least Interesting Event* of 2 pounds and $\alpha = 0.05$ is

 $1 - \beta = 0.21833 + 0.00086 = 0.21919 \simeq 21.9\%.$

This is very "underpowered". There is a good chance you will not end up at the alternative hypothesis even when there is a true effect!

Deciding on a Sample Size for a Given Power

The factors

- α value (often 0.05)
- Desired power of test (often 0.8 0.9)
- Smallest change that is interesting (varies)
- Nature of test

altogether, help you decide the sample size.

Setup: You are curious if your new MCAT course raises scores (score range 472 and 528, with 500 average). You want to be 95% sure in your hypothesis test conclusion and desire a setup that has 90% power.

You really only care if the course raises grades 5 points (on average).

Question: How many students must you put through your course to meet these demands?

Let μ be the average score of people who take your course.

Set H_0 : $\mu = 500$ and H_A : $\mu > 500$.



Since we don't know n, we can't find the SE! You must do the whole problem in SE's.

How many SE's above 500 is the rejection fence?

$$|> \operatorname{qnorm}(0.95, \text{ mean}=0, \text{ sd }=1)$$

[1] 1.644854

How many SE's below 505 must we got to get the shaded area to be 0.9?

 $||_{2} > qnorm(0.1, mean=0, sd =1)$ |[1] -1.281552

So $1,64 \cdot SE + 1.28 \cdot SE$ span a distance of 5.



Thus, $2.92 \cdot SE = 5$.

These sampling distributions have $SE = \frac{\sigma}{\sqrt{n}}$.

Online, you read MCAT scores have $\sigma = 9.5$.

So
$$2.92 \cdot \frac{9.5}{\sqrt{n}} = 5$$
, which yields $n = 30.78$.

We should put 31 people through our course!

Do people Actually Do That?

Yes... Helped with tools!



Few people think carefully about sample size. They choose n based on cost/dangers rather than giving their test a certain degree of power...

Those who care about power calculations often use software to help decide based on their test, α , power level, and minimum interesting difference ("effect size d")